

## INSTRUCTIONS FOR IV SEDATION

1. Please plan to have someone with you for 24 hours after surgery.
2. **DO NOT** eat or drink for 8 hours before your surgery. Do use a small amount of water to take your prescribed medication.
3. **DO NOT** wear tight fitting clothing. Wear comfortable and loose clothing, preferably short sleeved, NO tight T-shirts. Bring a light weight jacket or sweater and remove ALL jewelry around the neck and ears. Please do not wear a one-piece suit or dress.
4. **DO NOT** wear high heels or elevated platforms as your reflexes may be slowed and walking in them may be hazardous.
5. **DO NOT** wear makeup. Cosmetics can contaminate the surgical site.
6. **ALL** patients who are taking prescribed medication regularly must:  
  
Know the name of the medicines they use.  
Bring the medicines within the prescribed containers on the scheduled day of their appointment.
7. **ALL** diabetics taking Insulin, should take 1/2 the dosage of their Insulin the morning of the dental appointment.  
Diabetic patients taking Insulin will have early schedule priority.
8. Patients scheduled for IV Sedation should plan to spend a minimum of two hours in the office. A portion of that time, 1/2 hour to 1 hour will be spent recovering from the medication.

## YOU MAY NOT...

Leave alone. You must be accompanied by an adult.  
Drive or operate a vehicle or heavy equipment.  
*A blanket and pillow in the car is advisable for comfort on your return trip home.*

Please notify the office if you have **ANY** questions. Usually a single explanation can resolve the situation and free you of worry.